

Lutherwood Children's Mental Health Services

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Agenda

▶ What is Lutherwood

- History
- Mission, values & philosophy
- Service menu
- Community based service provisions
- Capacity building initiatives
- The Institute vision

- ▶ Lutherwood is a progressive, not for profit health and social service organization that strengthens the lives of people in our community by providing mental health, employment, housing and family support services to more than 18,500 people annually in Waterloo Region and Wellington County.
- ▶ Began in 1970 as a centennial project sponsored by the Lutheran Church - Canada.
- ▶ Lutherwood employs 380 full and part-time employees.
- ▶ \$25 million operating budget.

Our mission

Building on our Christian heritage, Lutherwood reaches out and supports people of all backgrounds and beliefs with care and compassion to build and sustain better and more hopeful futures.

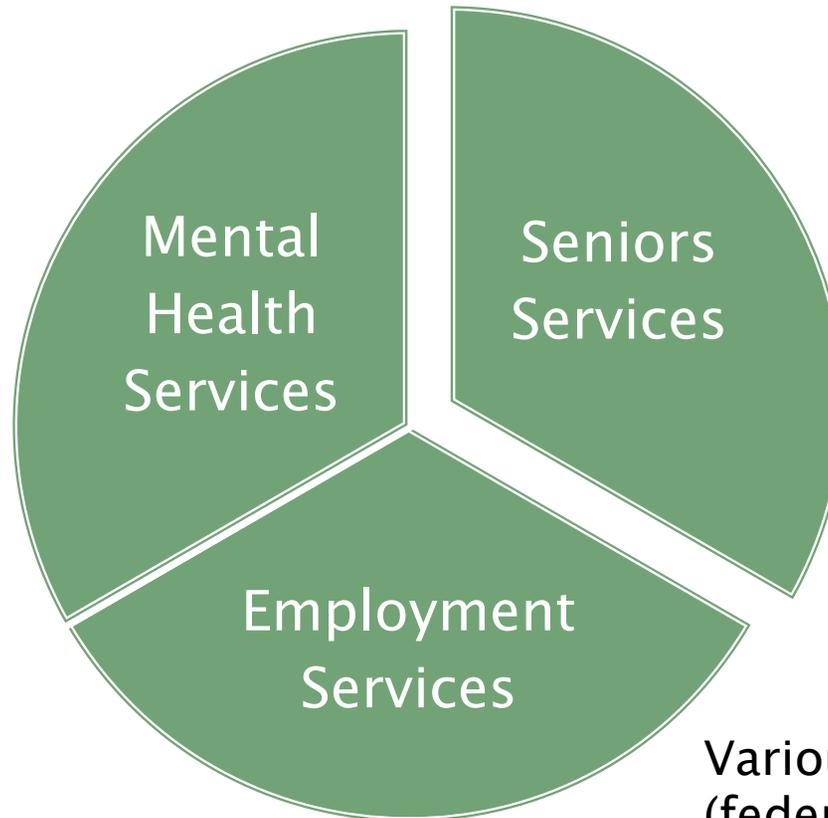
Our values

- ▶ People
- ▶ Service Excellence
- ▶ Stewardship
- ▶ Agency Culture

Our divisions

Accredited through
CMHO– Non profit

MCYS, children's
mental health and
youth justice
programs



Luther Village on the
Park– For profit

Various funders
(federal/provincial– non
profit)

Community based services

- ▶ Employment
- ▶ Housing
- ▶ Safe Haven
- ▶ Aspen
- ▶ Child and Parent Place (CAPP)
- ▶ Day Treatment
- ▶ Community Mental Health Coordinators
- ▶ Lutherwood Family Counselling
- ▶ Youth Court Worker
- ▶ Intensive Support and Supervision Program (ISSP)
- ▶ Youth Contact
- ▶ Court assessments (section 34)

Partnerships

- ▶ Joint Initiatives
- ▶ In-reach
- ▶ K.L.A.S.S.
- ▶ Fetal Alcohol Spectrum Disorder diagnostic and assessment clinic (FASD)
- ▶ Health Connect
- ▶ Integrated Intake
- ▶ University of Waterloo and Wilfred Laurier

Residential Programming

- ▶ Open Custody program– 10 bed co-ed unit youth referred through the courts– specialization in treatment with this population.
- ▶ Ministry funded 10 bed co-ed residential treatment programs focused on clinical intervention for youth and families within multidisciplinary milieu environment.
- ▶ 6 bed Outside Paid Resource (OPR– fee for service) for complex young people – approximately 1 year treatment program.

Capacity building initiatives

- ▶ Speaker series
- ▶ Go-ahead program
- ▶ Research projects
- ▶ The institute

Broadening the community horizons



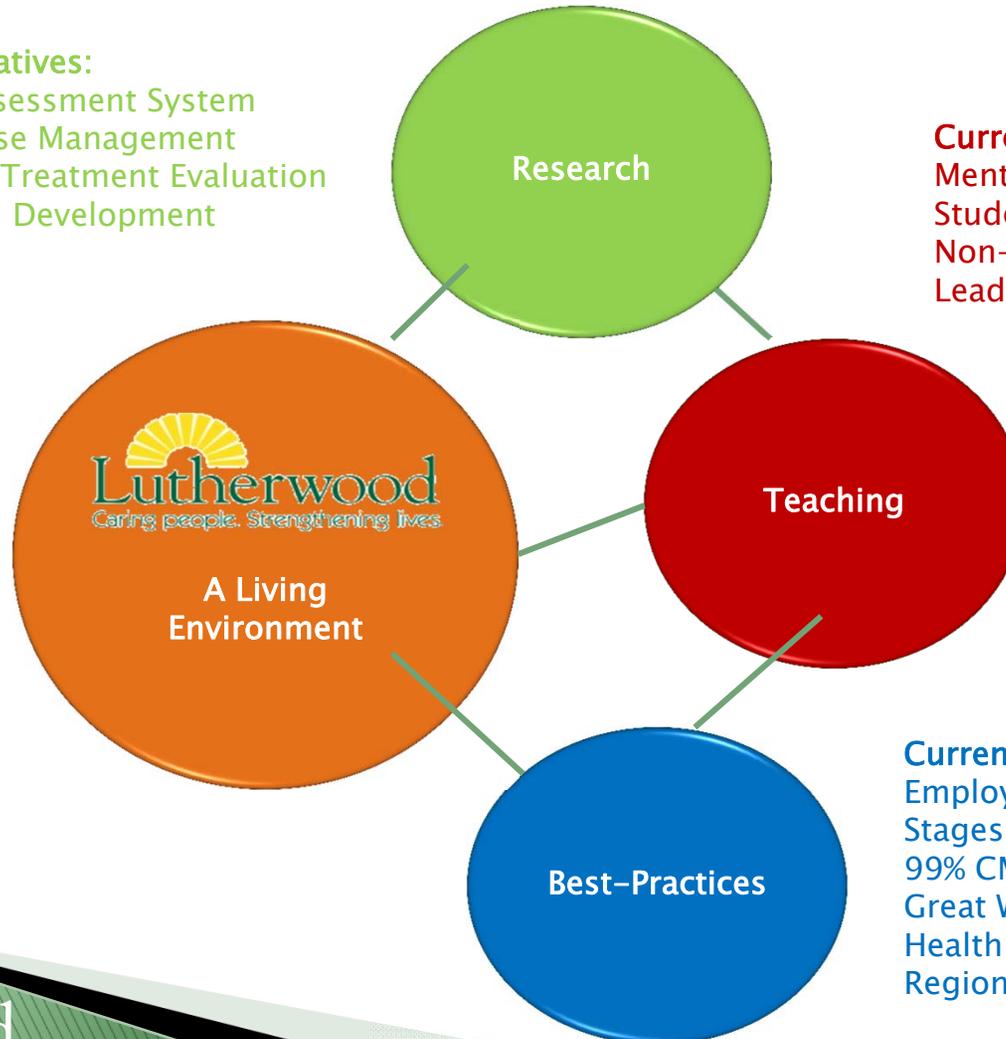
Lutherwood Institute for Children and Youth Mental Health (Evidence Based Practice)

The model will maintain a pragmatic approach to research, teaching and best-practices approaches in the field of children and youth mental health.

Application, learning and evaluation will be conducted within the living environment of a non-profit operation.

Current Initiatives:

Inter-Rai Assessment System
Intensive Case Management
CHEO – Day Treatment Evaluation
MCY – Youth Development



Current Initiatives:

Mental Health Speaker Series
Student internships
Non-profit management
Leadership Development

Current Initiatives:

Employee Engagement – 87% BSME
Stages of Change Counselling Model
99% CMHA Accreditation
Great Work Places 2012
Health Connect Regional Model
Regional Centralized Intake Model

The lessons we have learned

What has community based initiatives and partnerships taught us about social services and service delivery?



Questions



**Thank
You**

Mahalo

Kiitos

Tack

Toda

Grazie

Obrigado

Thanks

Takk

Gracias

Merci

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